Dr. Relly Nadler, Psy.D., MCC

Dr. Cathy Greenberg, BCC/PCC/ICF Certified Coach

EMOTIONAL BRILLIANCE

NAME™ Process 5 Webinar Series Live-Online

What is NAME™?

N of Notice and Name emotions - Emotions to Feleings

A for accepting positive and negative feeling

M for Manage Thought and Mange Actions

E for Express to self or others

Learn how to use the NAME™ Process

The Webinars (Five-Days):

NAME™ provides support through its simple formula that can give you more robust, timely, and rapid personal insights. You'll learn how to better understand and name your feelings to gain more clarity about the roots of your emotional triggers, which in turn will make it easier for you to develop healthier "Go To" options for facing your daily challenges. While most of our adult learning expe-riences take place privately within ourselves, you'll also find this process offers up emotional awakening from your interactions with others.

NAME™ can serve as a GPS for navigating your feelings and also for helping and supporting others. We developed it based on other distinguished models that help us move from thinking to doing.

NAME™ strikes at the heart of a stripped-down question we all face, con-sciously or not: What next? What do we do with our emotions when we feel them: let them out, hold them in, let them go? What do you do?

By applying NAME™, you can more effectively and efficiently identify your emotional core competencies in a variety of different situations, and all in the present moment.

UNDERSTANDING THE RIGHT ANSWER DEFINES EMOTIONAL AWARENESS. UNDERSTANDING AND APPLYING THE RIGHT ANSWER AT THE RIGHT TIME DEFINES EMOTIONAL BRILLIANCE™.

All Online:

This course is provided online via Zoom . No travel or hotels required. Materials will be provided as you work through the course webinars. All you need is a computer and internet access.

https://www.drrellynadler.com/name-process/

DATES

September 14, 2023
September 21, 2023
September 28, 2023
October 5, 2023
October 12, 2023

TIME

All days
10:00am - 12:00pm PST

Introduction to the NAME Process

Notice, Name and Accept: Are identifying and owning your strengths and being realistic about what is, the situation you are facing.

Manage Thoughts and Actions: Are your playbook of all plays or strategies you can use to adjust to the situation to give you the best chance of winning.

Expressing: Is the play you will call in the huddle and make sure all know the play and are motivated to execute the play.

Your Go to: Clarity of what you bring, draw on, summon, beckon to best fit in normal situations and may be something different in times of challenges or stress. It is the call from the sidelines of which play to call or what you hear in your helmet from the coach or for our purposes your executive functioning.

Dr. Relly Nadler

Dr. Relly Nadler is a licensed psychologist, master certified coach by ICF, EQi certified master trainer, corporate trainer, Psychology Today Blogger, speaker and author of seven books. His book Leading with Emotional Intelligence, has 108 strategies to raise Emotional Intelligence. Relly has been using the EQi since 2001 with over 225 companies he has consulted with. He has focused his coaching and leadership development career on developing tools for raising Emotional Intelligence for leaders and their teams. Once certified you will have special access to these tools as an alliance partner to use with your clients. Relly co-hosts Leadership Development News, a podcast interviewing top leaders with over 4 million downloads from 123 cities around the world. His Psychology Today Blog Leading with Emotional Intelligence has 340,000 reads. Dr. Nadler, Dr. Ghossoub El-Aswad and Dr. El-Aswad co-authored Physician Burnout: A Malignant Disease and give trainings globally on Burnout, EI and Wellness.

Dr. Cathy Greenberg

Dr. Cathy L. Greenberg, is a behavioral scientist and a Board Certified Coach with the International Coach Federation (ICF), a speaker and media personality. She delivers team and leadership effectiveness combining over two decades of positive psychology with the science of courage; focusing on how emotional and strategic intelligence ensures better performance, greater job satisfaction, higher profits, lower liability and overall organization agility.

The Process

Five Webinars - LIVE

WEBINAR #1: Overview: Why EI is Important & NAME Process

WEBINAR #2: N for Notice and Name emotioons - Emotions to Feelings

WEBINAR #3 A for Accepting positive and degative feelings

WEBINAR #4: M for Manage Thoughts and Manage Actions

WEBINAR #5: E for Expressing to self and others

During each webinar we will:

Define the meaing.
Talk about the objectives.
Consider the actions;.

Dr. Relly Nadler, Psy.D. | Relly@drrellynadler.com
Dr. Cathy Greenberg, Ph.D. | Cathy@drcathygreenberg.com

Drs. Nadler and Ghossoub El-Aswad will share best practices, examples and case studies of how the EQ-i2.0 and EQ 360 can be used in various applications, including:

Selection—Learn why just administering the EQ-i2.0 is not enough & how to use EQ-i2.0 as part of a comprehensive selection process, including the creation of success profiles and structured interview questions.

Leadership Development—Studies show that high-performing leaders tend to have higher Emotional Intelligence than their peers. Learn what this really means and how an organization can help its leaders excel in EI.

Sales Training—Research shows that sales people with higher EI tend to outperform their peers. Learn how to use EQ-i2.0 and EQ 360 to create quality sales training with direct impact to revenue.

Coaching—Learn how to create a coaching plan based on EQ-i2.0 results, using feedback, development and Action Plans that work.

Use with Other Assessments—Find out how EQ-i2.0 can be used in combination with other assessment tools to create high-impact consulting and solutions for clients.

Education—Research shows that EQ-i2.0 can predict student success. Review case studies and hear examples of how EQ-i2.0 can be used as a development and feedback tool to help students succeed.
Free EQ-i2.0 Assessments included- Tokens for one 360 degree feedback tool and one EQ-i2.0 self-assessment or four self-assessments for each participant to administer.

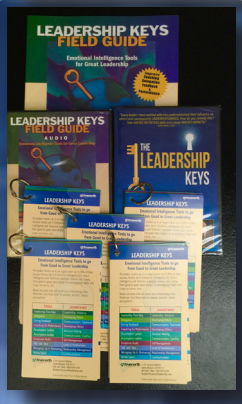
BONUSES: You will also have access to Relly's library of resources on his site including articles, podcasts with EI leaders, blogs, webinars and videos all to support your EQi programs. **You can make money selling some of our back-end products as part of your EQi program. Leadership Keys System is just one popular product.**

Price of $1995, all inclusive

SCAN this QR Code with your smart phone
or visit
https://truenorth.infusionsoft.com/app/orderForms/EQ-i-Certification

For more information

Relly at **805.683.1066** or Zeina at **936.662.4314**
www.drrellynadler.com



You can make money selling some of our products as part of your EQi program. Ask for details!

Leadership Keys System

Video elearning 16 modules, over 90 minutes, explaining Emotional Intelligence and the 10 Leadership Keys, includes a bonus of 1 Leadership Keys set, 1 Leadership Keys Field Guide, and Leadership Keys video.

Price: $297.00, extra set of 5 Keys are $95. Corporate pricing is available.

Dr. Relly Nadler, Psy.D. | Relly@drrellynadler.com
Dr. Zeina Ghossoub El-Aswad, Ph.D. | Zeinagh@hotmail.com