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Vital Signs Vital Skills

EQi 2.0 and EQ 360 Certification Plus Hands-on Tools for Coaches, Leaders, and Trainers



Use the latest, most respected, and researched Emotional Intelligence Assessment

The Course (Three-Days):

The EQ-i2.0 Certification Workshop will prepare you to administer, interpret and provide feedback on both the EQ-i2.0 self-assessments and EQ 360 results. This **three-day** course has a pace that is quick, interactive, includes videos and is loaded with hands-on activities. At the end of the certification program you will be able to:

- Define Emotional Intelligence and understand its importance
- Describe the components of the EQ-i2.0 and the EQ 360, including Composite Scales and Subscales
- Understand the science behind the EQ-i2.0 and EQ 360
- Describe best practices around administering and providing feedback on the EQ-i2.0 and EQ 360
- Administer the EQ-i2.0 and EQ 360
- Interpret EQ-i2.0 and EQ 360 and Group Report assessment results
- Follow a structured approach to prepare for a feedback session
- Demonstrate the ability to conduct an effective assessment debrief session
- Explain the benefits of EI to client groups
- Describe how EI applies to different disciplines
- Identify the ethics pertaining to the use of the EQ-i2.0 and EQ 360
- Identify resources available post-certification
- Assess which of 4 reports is appropriate for the client: EQ-i2.0, EQ-i2.0 Leadership Report, EQi 360 feedback and Group Report
- This class qualifies for 14 CCE units from ICF

All Online:

This course is provided online via Zoom . No travel or hotels required. View videos and have access to all EI materials to support your programs. All you need is a computer and internet access.



What is the EQ-i 2.0?

EQ-i2.0 and the EQ 360 are the exciting updated assessments released by Multi-Health Systems (MHS) based on the pioneering BarOn EQ-i and used worldwide for nearly twenty years. The EQi was created by Dr. Rueven Bar-On who coined the term EQ or Emotional Quotient. MHS extensively researched and revised the assessment to make it the premier tool for exploring emotional and social intelligence (ESI). We will provide you with thorough exposure to working with the EQ-i2.0 and 360 supported by many case examples, videos and tools and materials for you to lead Emotional Intelligence (EI) trainings.

DATES

October 29-31, 2025

TIME

All days

8:00am - 1:00pm PST

Introduction to the EQi 2.0

We have been using the EQi and training on how to raise Emotional Intelligence with cutting edge hands-on tools since 2001 and want to pass on some of this knowledge to you. Included here are the benefits and process of being certified in the EQ-i2.0 suite of assessments, including the EQi, 360. We are glad to bring this to you virtually with video and screen shares and the same curriculum and resources as an in-person class. Also, 16 CCE units are available from ICF for this training.

Dr. Relly Nadler (Instructor)

Dr. Relly Nadler is a licensed psychologist, master certified coach by ICF, EQi certified master trainer, corporate trainer, Psychology Today Blogger, speaker and author of seven books. His book Leading with Emotional Intelligence, has 108 strategies to raise Emotional Intelligence. Relly has been using the EQi since 2001 with over 225 companies he has consulted with. He has focused his coaching and leadership development career on developing tools for raising Emotional Intelligence for leaders and their teams. Once certified you will have special access to these tools as an alliance partner to use with your clients. Relly has recently been awarded the 2024 Executive Coach of the year and co-hosts Leadership Development News, a podcast interviewing top leaders with over 4 million downloads from 123 cities around the world. His Psychology Today Blog Leading with Emotional Intelligence has 340,000 reads. Dr. Nadler, Dr. Ghossoub El-Aswad and Dr. El-Aswad co-authored Physician Burnout: A Malignant Disease and give trainings globally on Burnout, EI and Wellness.

Dr. Zeina Ghossoub El-Aswad (Facilitator)

Dr. Zeina Ghossoub El-Aswad is a world-renowned Master Certified Coach who has specialized in Emotional Intelligence for over 15 years. She is a master in applying EI in several fields of coaching including self-care and wellbeing, leadership, resilience, and family. Zeina is the founder and CEO of Vie Saine Sarl and Founder and Past President of ICF Chapter Lebanon and has recently been awarded the 2024 Wellness Coach of the year. She is well published, having co-authored multiple best-selling books, several scientific articles on the Effect of Emotional Intelligence and Wellness on Physician Burnout, as well as several web-based educational courses. Dr. Zeina is a co-author of Physician Burnout: A Malignant Disease has been and continues to be a pioneer in her respective fields where she continuously develops research and applies up to date protocols and approaches.

The Process

Part One: Pre-Work

TO BE COMPLETED

- The EQ-i2.0 Consent Form
- The EQ-i2.0 Workshop Qualification Form
- The EQ-i2.0 (Online)
- EQ-i2.0 Virtual Training Modules
 1. **What Are Emotions: Overview and Framework (pre-work eLearning module)**
Definition of EI, What EI is Not, History of EI, EQ-i2.0 Structure, Composite Scales, Subscales
 2. **Understanding the Results (pre-work eLearning module)**
Overview, Norms, Reliability & Validity, Response Style, Mean & Standard Deviation
 3. **Overview of 360-Degree Assessments and the EQ 360**
What is a 360 Assessment, Using 360 Assessments, Benefits of 360 Assessments, Norms, Definitions, What It Measures, Rater Details, Rater Response Style, Profile Gap Analysis
- You get the *EQ Edge* book

Part Two: Online Workshop - October 29-31, 8am-1pm PST

Three-Day Workshop Objectives

- Receive your EQ-i feedback
- Practice experiential exercises and learn about resources to continue giving you powerful awareness and insight into the 16 components of the EQ-i2.0
- Best practices in giving and receiving feedback on the EQ-i2.0
- Prepare to take the EQ-i2.0 and EQ 360 Exam after the workshop
- Explore, understand, and prepare to use the exciting new 2.0 model

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Drs. Nadler and Ghossoub El-Aswad will share best practices, examples and case studies of how the EQ-i2.0 and EQ 360 can be used in various applications, including:

Selection—Learn why just administering the EQ-i2.0 is not enough & how to use EQ-i2.0 as part of a comprehensive selection process, including the creation of success profiles and structured interview questions.

Leadership Development—Studies show that high-performing leaders tend to have higher Emotional Intelligence than their peers. Learn what this really means and how an organization can help its leaders excel in EI.

Sales Training—Research shows that sales people with higher EI tend to outperform their peers. Learn how to use EQ-i2.0 and EQ 360 to create quality sales training with direct impact to revenue.

Coaching—Learn how to create a coaching plan based on EQ-i2.0 results, using feedback, development and Action Plans that work.

Use with Other Assessments—Find out how EQ-i2.0 can be used in combination with other assessment tools to create high-impact consulting and solutions for clients.

Education—Research shows that EQ-i2.0 can predict student success. Review case studies and hear examples of how EQ-i2.0 can be used as a development and feedback tool to help students succeed.

Free EQ-i2.0 Assessments included- Tokens for one 360 degree feedback tool and one EQ-i2.0 self-assessment or four self-assessments for each participant to administer.

BONUSES: You will also have access to Relly's library of resources on his site including articles, podcasts with EI leaders, blogs, webinars and videos all to support your EQi programs. **You can make money selling some of our back-end products as part of your EQi program. Leadership Keys System is just one popular product.**

Price of \$1995, all inclusive

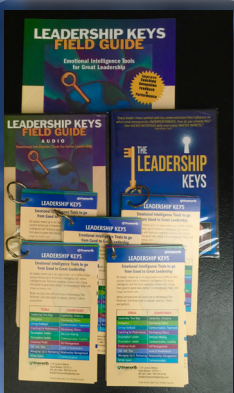
SCAN this QR Code with your smart phone or visit

<https://truenorth.infusionsoft.com/app/orderForms/EQ-i-Certification>

For more information

Relly at 805.683.1066 or Zeina at 936.662.4314

www.drrellynadler.com



You can make money selling some of our products as part of your EQi program. Ask for details!

Leadership Keys System

Video elearning 16 modules, over 90 minutes, explaining Emotional Intelligence and the 10 Leadership Keys, includes a bonus of 1 Leadership Keys set, 1 Leadership Keys Field Guide, and Leadership Keys video.

Price: \$297.00, extra set of 5 Keys are \$95. Corporate pricing is available.

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